Spiritual Healing

Spiritual Healing is the use of God's healing energy to help others feel better in body, mind, or spirit. In NSAC churches, we often have a special time in service for quiet meditation and healing.

How it works:

A healing medium sits quietly, open to God's love, and lets healing energy flow through them to the person in need.

You can try it too!

Anyone can learn to share healing thoughts and energy with others. Just close your eyes, think of love, and imagine that healing light is being shared with someone who needs it.

Healing is a beautiful way to show kindness and love!

Mediumship

Mediumship is when someone (a medium) talks to people in the Spirit World to bring messages to those still here on Earth.

The "Claires"

Ways Spirit Communicates With Us:

Clairvoyance: "Clear seeing." You see images or people in your mind from Spirit.

Clairaudience: "Clear hearing." You hear words or sounds from Spirit.

Clairsentience: "Clear feeling." You feel emotions or physical sensations from Spirit.

Claircognizance: "Clear knowing." You suddenly just *know* something from Spirit.

Clairalience: "Clear smelling." You smell something from Spirit, like perfume or flowers.

Clairgustance: "Clear tasting." You taste something that's not physically there – often related to someone in Spirit.

Everyone experiences Spirit in different ways. That's what makes mediumship so unique and special!

LEARN. GROW. CONNECT.

DISCOVER SPIRITUALISM

Welcome to Spiritualism!

Spiritualism is a religion that helps us understand life, the Spirit World, and our connection to God. We believe that life continues after death and that we can communicate with those in the Spirit World through mediumship.

This brochure will help you learn the basics of Spiritualism in a fun and easy way!

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Our 9 Spiritualist Principles (simplified version)

1. We believe in God.
2. We believe that God is expressed through all Nature.
3. True religion is living in obedience to Nature's Laws.
4. We never die.
5. Spiritualism proves that we can talk with people in the Spirit World.
6. Be kind, do good, and others will do likewise.
7. We bring unhappiness to ourselves by the errors we make and we will be happy if we obey the laws of life.
8. Every day is a new beginning.

Prophecy and healing are expressions of God.

What These Principles Mean

- **God** is the loving power that created everything
- **Nature** shows us how God works in the world around us.
- **Living by Nature's Laws** means being honest, kind, and respectful.
- **The soul never dies** – it lives forever in Spirit.
- **Mediumship** helps us know our loved ones are still with us.
- **Doing good** spreads love and kindness.
- **We create our own happiness or unhappiness** by our choices.
- **Every day** is a chance to try again.
- **Prophecy and healing** are gifts from God that helps others.