NSAC Prayer for Spiritual Healing

I ask the Great Unseen Healing Force
to remove all obstructions from my
mind and body
and to restore me to perfect health.
I ask this in all sincerity and honesty
and I will do my part.
I ask this Great Unseen Healing Force
to help both present and absent ones
who are in need of help
and restore them to perfect health.
I put my trust in the love and power of
God.

Children's Healing Prayer

I ask God's Healing Power
to make me whole and well.
I know that I work with God,
through my thoughts and actions
to make this happen.
I ask God's Healing Power
to heal other people
near and far away.
I trust that God will answer
this healing prayer.

Motto

As the sunflower turns its face
To the light of the sun,
So Spiritualism turns the face
Of humanity to the
Light of truth.

National Spiritualist
Association of Churches
13 Cottage Row, PO Box 217
Lily Dale, New York 14752, USA
www.nsac.org 716-595-2000

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Healing Basics

An exploration into Spiritual Healing…….

Absent Healing

With absent healing a curative power is sent to someone at a distance. The healer first cleanses their mind of doubt, the seed from which failure grows; knowing that healing is a reality aids the healing in allowing healing power to flow through easily. The word impossible disappears from their vocabulary, and true love for the one in need is expressed. Positive prayer creates a bond with Infinite Intelligence and healing spirit entities. Without this help, the healer is powerless to relieve the recipient's condition. The NSAC Prayer for Spiritual Healing is more than mere words. It first appeals to the Unseen Healing Force to cleanse the Healer's mind and body, then asks that it heal others. Finally, it affirms our trust in the Infinite's power and love. Prayer is a mighty force. When linked with energy from the spirit realms, it expands to embrace the positive eliminates the negative, and helps perfect health to manifest.

Contact Healing

With contact healing, the actual physical contact assists the healer in transferring curative energy to the recipient. The healer's hand or hands are placed upon the recipient's head, shoulders, or both; thus becoming a conduit through which this energy flows. The spiritual healer may be acting as a transformer of the spiritual energy to make it more readily absorbed by the recipient.

Many contact healers place one hand upon the recipient's forehead and another upon the back of the neck. Contact with the head and shoulders is sufficient for the purpose of healing. Touching the recipient any other place on their body is unnecessary, and charges of unprofessional conduct can result from doing so.

Spirit Healing

With spirit healing, spirit doctors work directly upon the recipient to correct or relieve conditions. With this type of healing the spirit entity, or entities, do not require the use of a healer in a physical body, but are able to work directly upon the Etheric, or spirit body of the person in need.

There are other means of bringing about healing without the intervention of spirit doctors or the Infinite.

Magnetic Healing

A superabundance of magnetic energy within the physical being of some persons helps to facilitate the ready transference of extra healing energy to others. Yet, however easily this power flows from the magnetic healer, it can also be depleted if too many healings are given in succession.

Suggestive Healing

Suggestive healing is positive thoughts implanted in the mind to serve as a catalyst to promote healing. The finite mind of a person is part of Infinite Spirit and may take positive or negative directions. Affirmations have an important role in this method, such as: "Every day in every way, I am getting better and better." The Law of Like Attracts Like is at work since like thoughts in turn create like conditions.

Absent, spiritual, spirit, magnetic, and suggestive healing are the most common healing practices found in the Spiritualist church.

Healing is the most precious gift offered to humanity by Infinite Intelligence. May we use it wisely.

Other Activities for Healers

Self Healing

Healing of oneself is most important. Suggestive healing is useful, along with prayer, or meditation time upon arising or retiring. Search for the time and practice that works best for you, for healing is a personal experience.

Healing Groups

Why not start a Healing Group with others of your congregation? Only the sincere should join; healing is serious business, hard work, and determination is required. As a group, or individually, study the Natural Laws involved with the healing process and investigate sources of information on the subject. If possible, an NSAC Commissioned Spiritualist Healer should supervise the group.

Each group session should begin and end with a sincere prayer, and all members should be willing to lead if called upon. Singing, may be used to attune to spirit helpers and Infinite Intelligence, as well as provide energy for the healing to follow.

Group healing resembles absent healing and love is its driving force. Prayers and affirmations harmonize and give direction to the thoughts of those present and assist the creative visualization of the healing recipient. As a group, visualize a light carrying the healing to the recipient, knowing, this process will be effective. A closing prayer should include thanks, or gratitude.

Healing enriches our lives and improves our resistance to illness in ways beyond our dreams.