

NSAC Publication

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Healers Do and Don't

Healers Do

- Do remember to prepare yourself to serve Infinite Intelligence (God), Spirit healers, and others
- Do remember to attune to the healing Spirit energies
- Do remember to put the sitter at ease; have them think love and beauty
- Do remember to learn the local ordinances
- Do remember to open with a silent prayer for the sitter's highest and best good
- Do remember to trust the Infinite and request Spirit to send what is needed
- Do remember you are a representative of Spiritualism and act with honor
- Do remember to break the vibration between sitters by rubbing or rinsing the hands
- Do remember to give a healing with love and compassion
- Do remember the polarity of the hands, right-positive, left-negative
- Do remember to thank God for the positive healing energy

Healers Don't

- Don't diagnose, prescribe, or suggest
- Don't manipulate or massage
- Don't promise to cure all ailments or ills
- Don't give messages while giving the healing as this breaks the sitter's attunement
- Don't talk or pray out loud during the healing as this disturbs others
- Don't wave your hands and arms about flamboyantly—this distracts
- Don't give healing when sick with a cold or flu, etc.
- Don't forget that all healing comes from God and you are the instrument
- Don't ask questions about the condition; let your Spirit healers guide you
- Don't forget to live your religion so that you are an example of health and peace
- Don't forget you are not infallible and only God knows what is for a soul's highest and best good

Spiritualist Healer

A Spiritualist Healer is one who, either through one's own inherent powers or through Mediumship, is able to impart vital, curative force to pathologic conditions.

Prayer for Spiritual Healing

I ask the Great Unseen Healing Force
To remove all obstructions from my mind and body
And to restore me to perfect health.
I ask this in all sincerity and honesty
And I will do my part.
I ask this Great Unseen Healing Force
To help both present and absent ones
Who are in need of help,
And to restore them to perfect health.
I put my trust in the love and power of God.

NSAC Declaration of Principles

(concerning healing)

6. We believe that the highest morality is contained in the Golden Rule, "Do unto others as you would have them do unto you."
7. We affirm the moral responsibility of individuals, and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.
9. We affirm that the precepts of Prophecy and Healing are divine attributes proven through Mediumship.



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